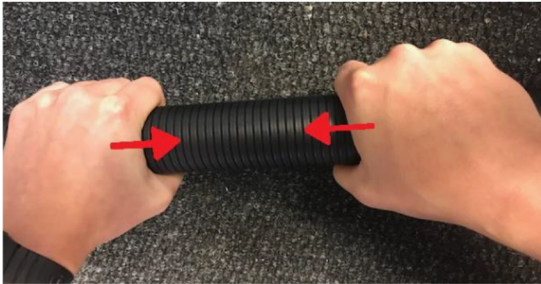




## STAY PUT ARM Tightening Procedure



Begin by holding the 'Stay-Put' arm either side of the 'weak spot'



Gripping the tube, Push the corrugated joints together as shown.



Now again Firmly gripping the arm with both hands, begin to twist your right hand towards yourself.



You will feel the arm tightening and becoming more rigid.

**Note: If the arm is fitted with the LED Light option, please isolate from mains power before conducting this procedure.**